

3-DAY *Fitness First*

GUEST MEMBERSHIP FOR EVERY READER



If you want to see Fitness First's fantastic facilities for yourself, why not take advantage of this great offer? We're giving away a free three-day pass, worth £60, to every *Men's Fitness* reader. Simply complete the attached voucher and take it along to your nearest Fitness First club. But hurry – the offer ends on 11th February 2008. To find your nearest club, go to fitnessfirst.co.uk.

Title Name

Email

Address

Daytime telephone number

Mobile telephone number

Year of birth

Preferred Fitness First club

Exercise goals

TERMS AND CONDITIONS

On completing this voucher, simply take it to your nearest club to validate the offer. Applicants must be 16 years or over. One free three-day guest membership per person. Club rules apply and facilities may vary from club to club. A completed voucher entitles the user to full use of non-chargeable facilities in their chosen club. Only original vouchers will be accepted (NOT photocopies). The competition is not open to current members of Fitness First. The three days must be consecutive. The three-day guest membership is not valid for Black Label or Platinum clubs. Dennis Publishing bears no responsibility for this Fitness First three-day pass. It is the responsibility of the voucher holder to ensure they have taken adequate medical precautions before using facilities. The offer is not open to employees of Dennis Publishing or participating companies. The offer described is available at the date of publication. Events may occur that render the pass impossible due to reasons beyond the control of *Men's Fitness* or Fitness First, which may at its discretion vary or amend the promotion and the reader agrees that no liability shall be attached to *Men's Fitness* or Fitness First as a result thereof. Submission of entry will be taken as acceptance of the rules. No purchase of the magazine is necessary. This offer is not open to readers from the Republic or Ireland.

Your details will be processed by Dennis Publishing (publisher of *Men's Fitness*) and Fitness First in full accordance with UK data protection legislation.

Dennis Publishing Ltd may contact you with information about our other products and services.

Please tick here if you prefer NOT to receive such information by:

post email phone mobile phone messaging

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